

QUINOA ENERGY ROLLS

Bacon & Bacon | Sweet Coconut Chicken
Spicy Bio-Beef | Pulled Turkey

Tuna Classic | Tuna Revolution | Coconut Salmon
Peanut Prawns | Smoked Salmon


Goaty Walnut  | Sweet Marrakesh  | Roasty Champion 
Spicy Hummus  | Hot Radish  | Mint Greeny 

MY NOODLE BOWLS





Tom Ka Ghai Noodle Pot
ramen with thai chicken soup, coconut milk, bellpepper, mushrooms and cilantro

Lemongrass Noodle Pot 
ramen with vegan lemongrass soup, veggies, cilantro, lime and chili

Pho Noodle Pot
ramen with spicy vietnamese beef soup, veggies, cilantro, lime and chili

Green Basil Pesto Noodles 
ramen with basil pesto, parmesan and tomatoes

UPGRADES

Peanut Butter  | Crispy Nuts  | Sour Cream  | Veggies 
Soy Beans  | 1/2 Avocado  | Parmesan  | Prawns
Homemade Tandoori Chicken

MY SOUP BOWLS

Every bowl includes a basis of your choice:
Veggies | Rice | Daily Special | Quinoa | Noodles

Carrot Ginger Soup 

Tomato Coconut Soup 

Lemongrass Soup 
vegan lemongrass soup with fresh veggies

Tom Kha Gai Soup
thai chicken soup with coconut milk, bellpepper, mushrooms and cilantro

Pho Soup
spicy vietnamese beef soup with fresh veggies

MY INDIGO BOWLS

Every bowl includes a basis of your choice
Veggies | Rice | Daily Special | Quinoa | Noodles

African Peanut Pot 
vegan peanut-vegetable-pot with peanut butter

Indian Dal Masoor 
vegan indian dal with red lentils

Soy Nugget Massaman
vegan massaman curry with soy nuggets, carrots, bellpepper and beans

The Red Chicken
red chicken curry with eggplant, bellpepper and leek







100% Organic-Beef Chili
chili con carne with 100% organic beef and sour cream with rosemary
AT-Bio-401

 Veggie  Vegan AT-Bio-401

ALSO FOR  TAKE AWAY

MY SALAD BOWLS

Included with our salad bowls we offer the following dressings:

Vegan Balsamico  | Cheesy Ceasar  | Basil & Lime  | Pumpkin Seed 
French Heaven  | Seasonal Dressing 

Side Salad

lettuce, corn, carrots and tomato
dressing at buyer's choice

Tandoori Caesar Salad

lettuce with carrots, tomatoes, cucumbers, soy beans, baby spinach, sprouts,
parmesan, croutons and chicken with homemade tandoori seasoning
cheesy caesar dressing

Mixed Vegan Salad

lettuce with carrots, tomatoes, cucumbers, soy beans, baby spinach, sprouts,
lentil salad and bellpeppers
dressing at buyer's choice

Tuna Salad

lettuce with carrots, tomatoes, cucumbers, soy beans, baby spinach,
tuna salad and prawns
dressing at buyer's choice

Dolce Vita Salad







lettuce with carrots, tomatoes, cucumbers, soy beans, baby spinach, sprouts
and lashings of extra mozzarella
vegan balsamico dressing

MIX IT YOUR WAY - SALAD

BASIS

Salad Mix
+ Rice / Daily Special
Quinoa +0,80
+ Sprouts
+ Dressing

DRESSING

Vegan Balsamico 
Cheesy Ceasar 
Basil & Lime 
Pumpkin Seed 
French Heaven 
Seasonal Dressing 

EXTRAS

Tomatoes
Corn
Carrots
Raddish
Bellpepper
Olives
Crispy Nuts
Croutons
Kidney Beans
Soy Beans

SPECIALS

Mozzarella
Parmesan
Feta
Avocado
Lentils
Tuna Salad
Prawns
Homemade Tandoori Chicken

SOFTDRINKS

HOMEMADE

Soda Squash 0,4l
lemon | orange | blood orange | lime

Homemade Lemonade 0,4l
ginger-mint lemonade

Energized Water 0,4l
still or sparkling

Water 0,5l
still or sparkling

NOW Black Cola Organic 0,33l

NOW Fresh Lemon Organic 0,33l

NOW Pink Rhubarb Organic 0,33l

NOW Grapefruit Organic 0,33l

Carpe Diem Kombucha 0,5l
classic | cranberry

Carpe Diem Ice Tea 0,5l
matcha: nashi pear and ginger | turmeric: white tea and yuzu

my Indigo Organic Juices 0,25l
apple | apple elderflower | apple cherry | apple carrot orange | blackcurrant

AT-Bio-401

my Indigo Organic Juice Spritzers 0,4l

CRAFT BEER

Raschhofer Zwickl Radler 0,33l
naturally cloudy lemon shandy

Raschhofer Lager 0,33l
clear, golden, caramell flavour

Raschhofer Pils 0,33l
lots and lots of hops

Raschhofer Witbier 0,33l
citrus flavour, orange peel, cilantro

Raschhofer Red Ale 0,33l
caramell flavour, peach

Raschhofer Porter 0,33l
dark, fruity, bilberry, cherry

Raschhofer Zwickl 0,33l
cloudy, easily digestible, rich in minerals

Raschhofer Bock 0,33l
full-bodied, strong

Raschhofer Pale Ale 0,33l
fruity, dry

Raschhofer Weizen dunkel 0,5l
dark, discreetly malty, galant and easily digestible

Raschhofer Weizen hell 0,5l
fruity, banana flavour

Brauhaus Gusswerk Bio I.P.A. 0,33l
organic indian pale ale, strong, bitterly delicate

Alcohol-free Beer 0,5l
malt beer or lager

HOT AND SWEET

Also available with soy or lactose-free milk

Espresso

Americano

Cappuccino

Espresso Doppio

Latte Macchiato

Organic Numi Tea

chamomile lemon | jasmine green | ginger lemon
rooibos | peppermint | earl grey

Fresh Mint Ginger Lemon Tea

Hot Chocolate

Italian Sweety

stracciatella | white | dark vegan 

Homemade Cookies

white chocolate caramel | fat chocolate | peanut butter

Organic Brownies

blondie | chocolate | walnut

Tyrells Chips

cheddar cheese | sea salt | salt & vinegar | sweet chili

Crispy Nuts 100 g